

Health Education & Health Promotion Framework in LTFC



- School Mission Statement:** Lam Tai Fai College is a Direct Subsidy Scheme secondary school. It was established by Lam Tai Fai Charitable Foundation in 2002. The school was open to students in 2004, in which an innovative school-based curriculum includes Creative Fashion Design, Sports Science and Recreational Management, Health Education and Innovative Technology, were offered.
- Whole-person Development Extended Curriculum:** Education for Health (Health Education) forms one of the six LTFC extended curriculum honeycomb (domains). In an integrative, life-wide and holistic extended curriculum setting which aims at synergizing the objectives, influence and impact of formal, informal and non-formal as well as hidden curriculum we delivered.
- Education for Health:** It covers curriculum and activities with Health Education as the core component which include personal health skills:
 - Needs Assessment
 - Major items of Health Education Curriculum and Activities
 - The Integrated Course of Education for Health and Physical Education as well as other related domains as well Integrated Humanities, Integrated Science, Technology, Moral & Civic Education, Life-wide Learning, Co-curricular Activities
 - School-based Health Education Course in Junior Secondary
 - Health Management & Social Care in Senior Secondary
 - Utilizing multiple strategies to implement health education curriculum
 - Education for Health (Health Education) curriculum: Design of the programme and activities

4. School Health Policies:

- (i) Needs Assessment
- (ii) Development & Implementation of School Health Policies
- (iii) Self-health Assessment for ALL (LTFC Health Education Resources Centre)
- (iv) Assisting our health promoting counterparts to plan the health promoting policies and implement the health promotion tasks
- (v) Providing support to schools, improving the Web-based learning & support as well as organizing information dissemination. LTFC Health Education Resources Centre assuming a pulling force to coordinate the efforts of the member schools in promoting a healthy school culture among schools in Hong Kong.
- (vi) Conducting school self-evaluation on school health policies

5. School Physical Environment:

- (i) Needs Assessment
- (ii) Providing a safe environment for the school community
- (iii) Providing proper sanitary facilities and water
- (iv) Implementing environmental protection and energy conservation programmes
- (v) Encouraging students to take care of the school facilities
- (vi) Providing for the students a suitable learning environment
- (vii) Establishing a healthy eating environment
- (viii) Designing programmes for the Physical Environment of the school

6. School Social Environment:

- (i) Needs Assessment
- (ii) Creating good human relationships on campus
- (iii) Creating an environment of care, trust and friendliness in school
- (iv) Providing appropriate support and assistance to students who are at a particular disadvantage
- (v) Creating an environment in which all students are valued and differences are respected
- (vi) Designing the programmes for the School's Social Environment

7. Community Relationships:

- (i) Needs Assessment
- (ii) Communication and collaboration between the school and the students' families
- (iii) Communication and collaboration between the school and the community
- (iv) The availability of community resources.

8. Personal Health Skills:

- (i) Needs Assessment
- (ii) Improvement of students' physical fitness (Gymnasium, Fitness Centre, Health Education Resources Centre)
- (iii) Health promotion talks
- (iv) Training of Health Ambassadors
- (v) Functions and administration of the school Fitness Centre, Health Education Resources Centre
- (vi) Designing programmes for personal health enhancement

9. Health Services:

- (i) Needs Assessment
- (ii) Health examination
- (iii) Health care of students with specific diseases
- (iv) Emergency care on campus
- (v) Communicable disease control in schools
- (vi) Designing programmes for health services

