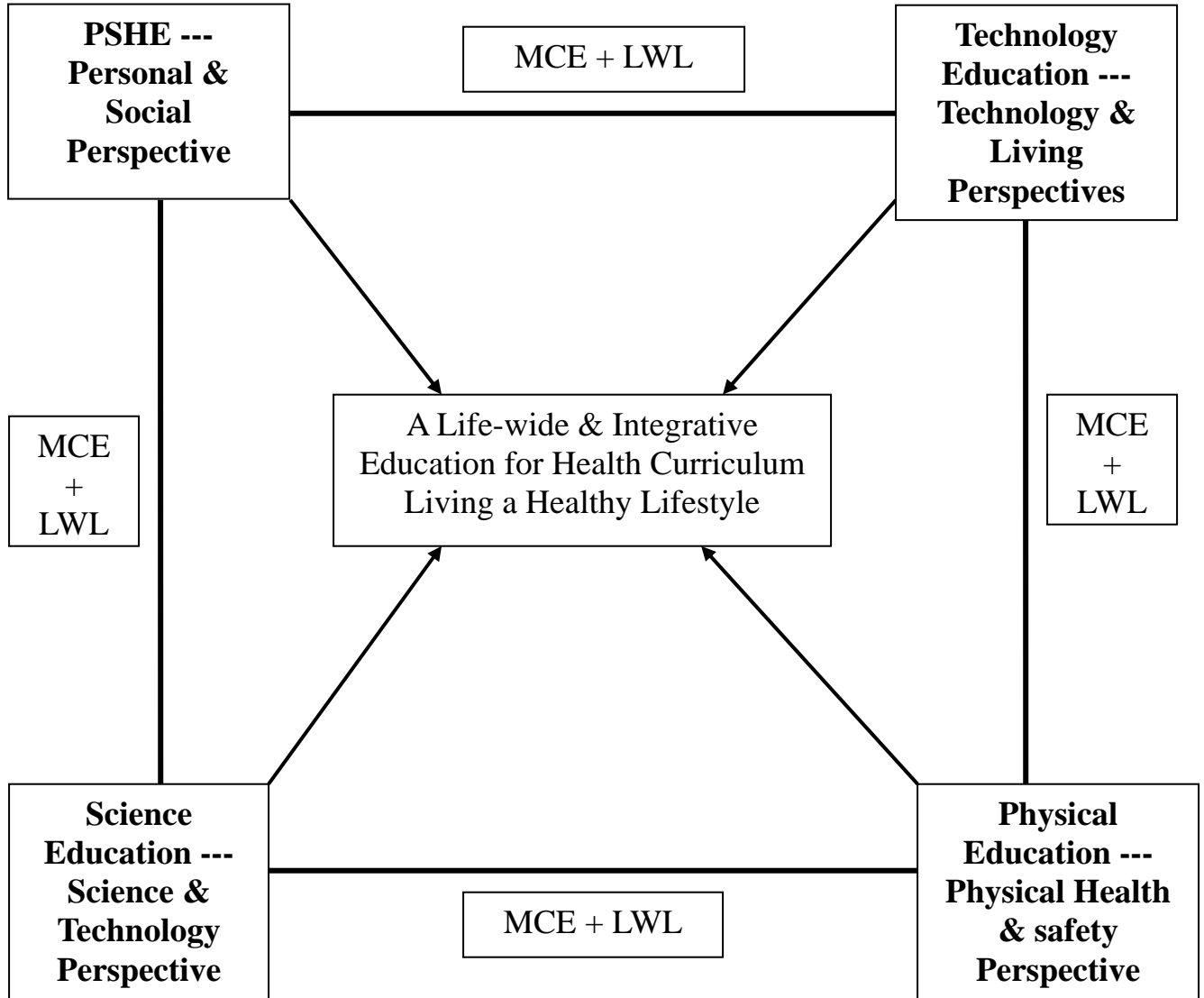


**Education for Health Curriculum Framework**

**Life-wide Integrative Education for Health Curriculum**



## Curriculum Structure for Life-wide Integrative Education for Health

Junior Secondary	Senior Secondary
<p><b>PSHE</b></p> <p>Personal &amp; Social Development Social Systems &amp; Citizenship</p> <p><i>(EPA, Social Studies, Integrated Humanities)</i></p>	<p><b>PSHE</b></p> <p>Personal &amp; Social Development Social Systems &amp; Citizenship</p> <p><i>(EPA, Social Studies, Liberal Studies)</i></p>
<p><b>Science Education</b></p> <p>Life &amp; Living Science, Technology &amp; Society</p> <p><i>(Science)</i></p>	<p><b>Science Education</b></p> <p>Life &amp; Living Science, Technology &amp; Society</p> <p><i>(Biology, Physics, Chemistry &amp; ICT)</i></p>
<p><b>Technology Education</b></p> <p>Technology &amp; Living</p> <p><i>(Home Economics)</i></p>	<p><b>Technology Education</b></p> <p>Technology &amp; Living</p> <p><i>(Home Economics)</i></p>
<p><b>Physical Education</b></p> <p>Health &amp; Fitness</p> <p>Knowledge &amp; Practice of safety</p>	<p><b>Physical Education</b></p> <p>Health &amp; Fitness</p> <p>Knowledge &amp; Practice of safety</p>

### Knowledge & Concepts: Health Education

#### (1) PSHE: Learning Objectives (KS3)

##### Subjects: Social Studies

- To understand the importance of maintaining a healthy lifestyle and be informed about matters related to health.
- To understand the importance of valuing oneself & others
- **Strands: Personal & Social Development: Healthy Lifestyles (KS3), Social Systems & Citizenship (KS3)**

## (2) Science Education: Learning Objectives

- Be aware of the physiological and emotional changes during puberty
- To recognize the importance of maintaining body health
- S1-S3 Science Curriculum ---
  - Unit 3 Cells & Human Reproduction;
  - Unit 5 The Wonderful Solvent-Water
  - Unit 7 Living things and air
  - Unit 11 Sensing the Environment
  - Unit 12 A Healthy Body

## (3) Technology Education

### Technology Education

The purposeful application of knowledge, Skills and experiences in using resources to create products or systems to meet human needs

### Health

“A state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity (WHO)

**To achieve Healthy Living  
through Technology Education**

## (4) Technology Education / Home Economics

### Healthy Living

- (1) **Personal**
  - Personal Hygiene
  - Healthy Eating
- (2) **Family**
  - Healthy Home & Family
- (3) **Community**
  - Healthy Environment
  - Health Community