Lam Tai Fai College
2025-2026
Report on the Use of One-off Grant on Parent Education (Secondary)

Income: HK$200,000.00 (One-off Grant on Parent Education (Secondary))

Funding Allocation: Parent-Teacher Association: HK$80,000.00 Student Development Committee: HK$120,000.00

Unit	Teachers-in-charge	Evaluation and Suggestions	Income and Expenditure
Parent-Teacher Association	• Ms. Cheng Ki Kei • Mr. Cheng Lai Hang	Parent Seminar on Strand III: Promotion of Parents' Physical and Psychological Well-being Date: 6th July 2026 Time: 6:30pm – 8:00pm <u>Objective:</u> The seminar aimed to help parents understand the family emotional climate and the importance of emotional security to family well-being. It also sought to equip parents with skills to create a non-judgmental space for communication and the expression of feelings, and to enhance their understanding and acceptance of emotions in order to strengthen the parent–child bond. <u>Participant Feedback:</u> There were 23 participants attending the seminar. Participants expressed satisfaction with the seminar content and demonstrated a high level of interaction with the speaker. They reported that the speaker helped them understand how children think and provided strategies to address various difficulties and situations in dealing with their children. At the end of the seminar, participants expressed enthusiasm about joining future seminars in the same series.	<u>Income: HK$80,000.00</u> <u>Expenditure (2025/26): HK$19,500.00 (Package Deposit Paid)</u> The total price of the package provided by HealthyMind Parents Academy is HK$39,000. There are in total 5 items in the package, and each item costs HK$7,800. In 2025/26, we organised a Parent seminar on Strand III: Promotion of Parents' Physical and Psychological Well-being <u>Expenditure Anticipated (2026/27): HK$44,700.00</u> 1. HealthyMind Parents Academy: HK$19,500.00 (Package balance) for organising 3 more seminars or workshops on Strand I: Understanding adolescents' development, Strand II: Promotion of healthy, happy and balanced development of adolescents and Strand IV Fostering home-school co-operation and communication. The package also includes an online self-learning platform for parents whose access accounts will be created and distributed shortly. 2. Pharmacy Action Limited: HK$19,200.00 for organising a seminar or workshop on Strand III: Promotion of parents' physical and psychological being

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<td>Parent-Teacher Association</td>
<td>• Ms. Cheng Ki Kei
• Mr. Cheng Lai Hang</td>
<td><u>Conclusion:</u>
The seminar conducted by the speaker was informative and engaging. Throughout the session, the speaker guided parents to consider different approaches to handling various situations with their children. The speaker also explained the complex concept of children’s brain development in a simple and memorable way. Parents were highly engaged throughout the seminar.

Despite these positive aspects, the number of participants was lower than expected, which limited the overall impact of the workshop.

To increase attendance and impact in future sessions, the school should adopt a multi-channel promotion strategy that emphasises clear, benefit-focused messaging about practical parenting takeaways. Branding the seminars as an ongoing series, offering flexible scheduling or hybrid formats, and collaborating closely with teachers and parent representatives to personally invite targeted families would further enhance outreach and foster a more supportive community atmosphere.</td>
<td>3. City University, Positive Education Laboratory: HK$6,000.00 for organising a seminar or workshop on Strand II: Promotion of Healthy, Happy and Balanced Development of Adolescents and a seminar or workshop on Strand IV: Fostering Home-school Co-operation and Communication

Balance:
<table>
<tr><td>Income:</td><td>HK$80,000.00</td></tr>
<tr><td>2024-2025 expenses:</td><td>HK$15,000.00</td></tr>
<tr><td>2025-2026 expenses:</td><td>HK$19,500.00</td></tr>
<tr><td>2026-2027 Anticipated expenses:</td><td>HK$44,700.00</td></tr>
<tr><td>Balance:</td><td>HK$800.00</td></tr>
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Unit	Teachers-in-charge	Evaluation and Suggestions	Income and Expenditure
Student Development Committee	• Mr Li Kwok Wai • Ms. Ching Suk Ha	Parent Seminar on Strand I: Understanding of adolescent development: Transitioning to Secondary School' Date: 18th July 2026 Objective: To increase parent's understand about the needs and changes faced by their child and help them to prepare for the transition to Secondary school life. Participant Feedback: There were 185 S1 attending the seminar, receiving an overwhelmingly positive response with over 85% satisfaction across all core metrics. Parents reported a significantly enhanced understanding of their children's psychological and developmental transitions, learned positive communication strategies to build student adaptability, and recognized the key role of parent-school partnership in supporting healthy development. Conclusion: The seminar was seen by parents as practical, engaging, and highly informative. To enhance participation, key topics including avoiding adolescent development pitfalls, guiding youth interests, navigating marital impacts on teenage growth, teenage relationships, and applying effective stress management tools would be examined as themes for future workshops.	Income: HK$120,000.00 Expenditure (2025/26): HK$2,900.00 The expenditure of the seminar is $2900 with a speaker sharing on useful tips how parents could construct effective communication with their teenage kids. Expenditure Anticipated (26/27): HK$117,100.00 1. Parent courses Organises parents courses on Strand I and Strand III for SEN parents, target at raising parents' understanding and awareness on resolving conflicts with their children; mastering family communication and enhance parent-child relationships; 1.1 3 courses will be conducted in small groups and are open for all parents; but specific invitation will be sent to ADHD, SpLD and ASD parents; planning to have 4-6 sessions (online or face-to-face) in the second term. 1.2 Expenditure: $32000. 2. Parent Education Manual Publications of a school-based Parent Manual on basic principles on positive education and how parents should carry out positive education at home. Content should cover Strand I: Understanding Youth Development; Strand II: Promoting Healthy, Happy and Balanced Youth Development; Strand III: Promoting Parents' Physical and Mental Health; and Strand IV: Fostering Positive Parent-child relationships. 2.1 Target at printing hard copies of 1200. (950 for S1 – S6 parents and the remaining to be given out on New S1 parents' evening in June 2027) Invitation will be sent to renowned social workers and/or academics on the area as collaborative writers on this publication. 2.2 Expenditure: $40000.00 - $52000.00 Covers writers' fees, design and publications.

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<tr><td>Student Development Committee</td><td>• Mr Li Kwok Wai
• Ms. Ching Suk Ha</td><td></td><td>3. Parent-child experiential Workshop
Enhance parent-child relationships and foster positive communication through an engaging, experiential approach covering Strand I: Understanding Youth Development; Strand II: Promoting Healthy, Happy and Balanced Youth Development; Strand III: Promoting Parents' Physical and Mental Health; and Strand IV: Fostering Positive Parent-child relationships.

3.1 Date: 9th January 2027 (Saturday) at School
Mirror of Love: Decoding Youth Self-Image and Positive Communication Workshop.
3.2 Expenditure: $40000.00
Covers Service Provider and Guest Speaker.

Balance:<table><tr><td>Income:</td><td>HK$120,000.00</td></tr><tr><td>2024-2025 expenses:</td><td>HK$0.00</td></tr><tr><td>2025-2026 expenses:</td><td>HK$2,900.00</td></tr><tr><td>2026-2027 Anticipated expenses:</td><td>HK$117,100.00</td></tr><tr><td>Balance:</td><td>HK$0.00</td></tr></table></td></tr>
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